

ARE YOU A WOMAN WHO NEEDS FOOD ASSISTANCE?

Join our Pathways to Nourishment (P2N) Program!

P2N is a 6-month, free nutrition and wellness program for women-led households in Clark County, WA. It supports women and families with access to healthy food, nutrition education, and local wellness resources.

JOIN OUR PROGRAM & YOU WILL RECEIVE:

- Free food & culturally relevant recipes
- Access to free nutrition, wellness & food education workshops
- Entries to a monthly \$100 raffle
- Limited transportation support available (gas card, bus passes)
- Vegetable garden supplies provided & education
- Support navigating local food & nutrition resources
- Tools & guidance to support self-advocacy in health & wellness

REGISTRATION OPENS:

March 16, 2026

CONTACT & REGISTRATION



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SCAN TO SIGN UP

WHO THE PROGRAM IS FOR:

Women who are:

- Head of household
- Live in Clark County, WA
- Interested in learning more about food access, nutrition, and local resources
- Open to attending workshops, activities & field trips
- Willing to share feedback & engage in community learning

WE OFFER ONLINE & IN-PERSON RESOURCES:

- Nutrition education & healthy meal planning
- Grocery shopping & food budget strategies
- Cooking demonstrations & food prep skills
- Community gardening & grow-box workshops
- Conversations on women's health & wellness
- Supportive space to share experiences & learn together

